

Health Services for Young People With Disabilities

The FLEP Barbara Project was initiated by the executive director after he personally witnessed seeing a young person with disability (SLS) whisked and locked away from public by parents who were ashamed of him. He then confronted the parents of the child for their actions and bought a wheelchair for him and thus the Barbara Project was born.



The FLEP Barbara project is in the following districts: Mayuge, Iganga, Bugweri, Kamuli, Kaliro. Clinic outreaches are conducted at eleven FLEP health centers which include: Kyando, Kaluuba, Nasuti, Nabigwali Bunyiro, Namalembe, Bumoozi, Bupadhengo, Kisozi, Naminage, Namisambya.

The aims of the Barbara project.

- To improve the quality of life of disabled children living in Busoga Region.
- To improve awareness of disability in remote villages. To enable health professionals and village officials to recognise disability as early as possible in the baby and refer for further management. To make health professionals and the community aware of the treatment available, to enable health workers and parents understand the medical causes of disability and to understand how disability can be prevented in some cases.

Strategy Of achievement:-

- Assessment clinics for disabled children are held in FLEP health centres by the Barbara project team members that consist of two Physiotherapists, a paediatrician Doctor and a community based rehabilitation worker. Arising from the assessment clinic outreaches, assistive devices in the form of crutches, Wheel chairs, shoe raise, walking frames, tricycles are issued where necessary. In some cases simple exercise programs are given and appropriate referrals are made to Corsu hospital, Mbale Cure Hospital, Jinja Regional Referral Hospital and others. The community based rehabilitation worker carries out occasional home visits and follow up exercise to monitor the progress of the disabled children.
- Workshops are conducted in the villages for health professionals, head teachers, teachers, parents, government

officials and representatives of the disabled persons' forum.

NO	EQUIPMENT	QUANTITY(pcs)
1	Wheel Chairs	384
2	Push Chairs	47
3	Tricycles	5
4	Shoe Raise	7
5	Crutches	34
6	Walkers	2

Number of clients served since 2011: 523



A health worker helps to strap one of children who recieved a wheelchair at Nasuti in Iganga.



A child recieving physiotherapy exercises.